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June 5th XP2013 Gitte Klitgaard Hansen Agile Coach



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Agenda

- Practical stuff and disclaimer
- Who am I?
- What do I mean with brave?
- Why is it important to me?
- Examples of what I do
- How does this fit with agile
- Wrapup and take-aways

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Practical

- Please ask questions
- Please make comments
- Please join in with examples
- Raising hand
- Slides will be available afterwards



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• I am no expert in being brave



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- This will be a very personal talk

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- This will be a very personal talk
- I am terrified





@Gory Themas * Eluminities Of com/458251





@Gary Themas * Plasmanies@Leam/458251



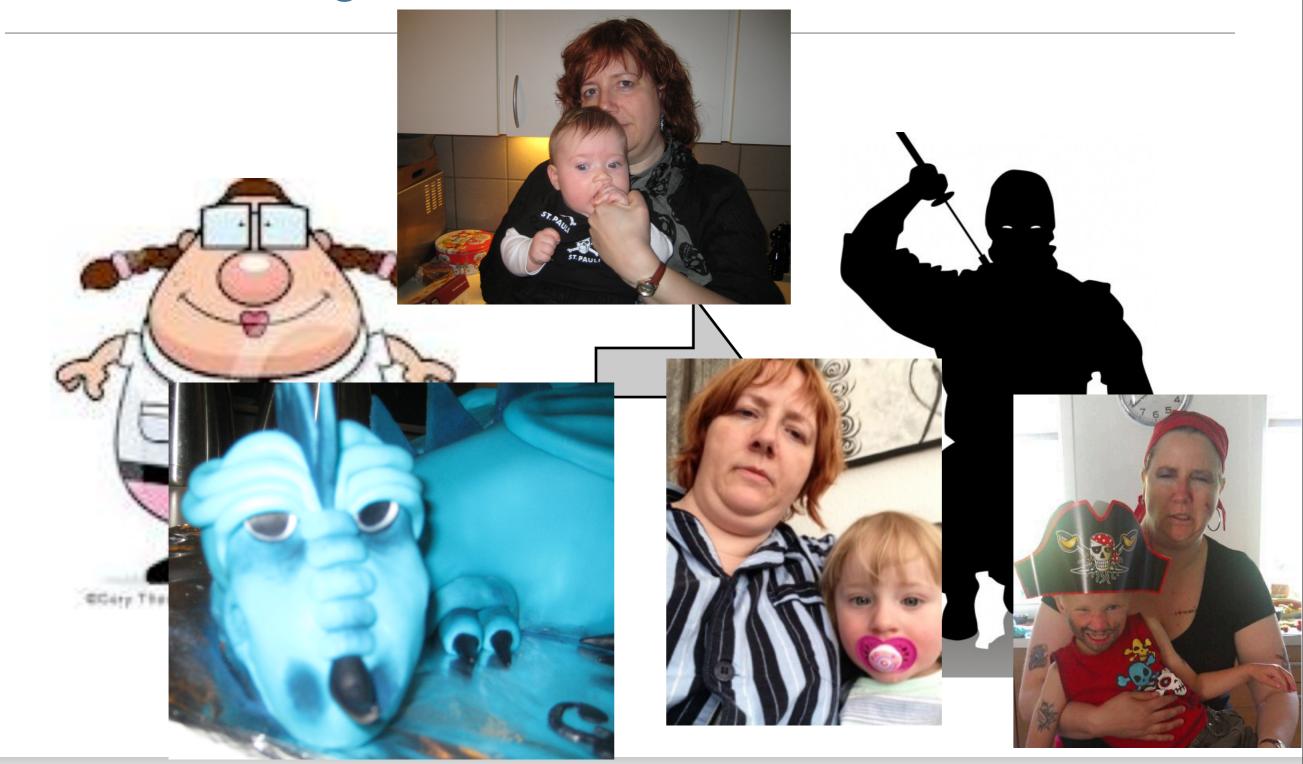




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Noun

- 1. the quality of mind or spirit that enables a person to face difficulty, danger, pain, etc., without <u>fear</u>; bravery.
- 2. Obsolete . the heart as the source of emotion.

Idioms

• 3. have the courage of one's convictions, to act in accordance with one's beliefs, especially in spite of criticism.

Source: dictionary.com

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possessing or exhibiting courage or courageous endurance.

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• Being brave is not about removing fear or not being afraid – it is about doing what is necessary even when you are afraid.





- Being brave is not about removing fear or not being afraid it is about doing what is necessary even when you are afraid.
- Show your heart





- Being brave is not about removing fear or not being afraid it is about doing what is necessary even when you are afraid.
- Show your heart
 - Be vulnerable





- Being brave is not about removing fear or not being afraid it is about doing what is necessary even when you are afraid.
- Show your heart
 - Be vulnerable
 - Stand up for what you believe in





What does it mean to me personally?

- Standing by who you are even when your surroundings find you strange
- Having the courage to be different,
- Making yourself vulnerable
- Making yourself vulnerable, speaking up when there is something important to you
- Sharing your fears and joys



To dare is to lose one's footing momentarily. Not to dare is to lose oneself.

Soren Kierkegaard



To dare is to lose one's footing momentarily. Not to dare is to lose oneself.

Soren Kierkegaard Comfort zone Learning zone Danger zone

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Why is this important to me?

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Why is this important to me?



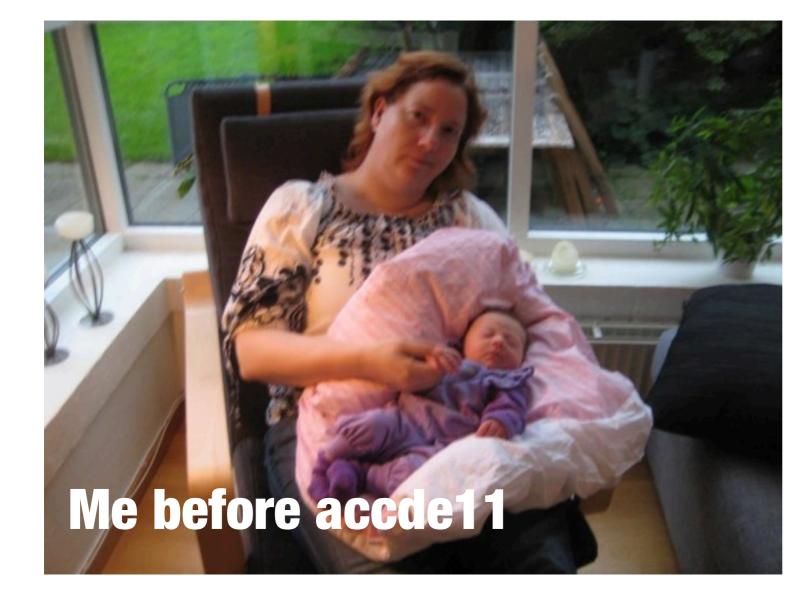
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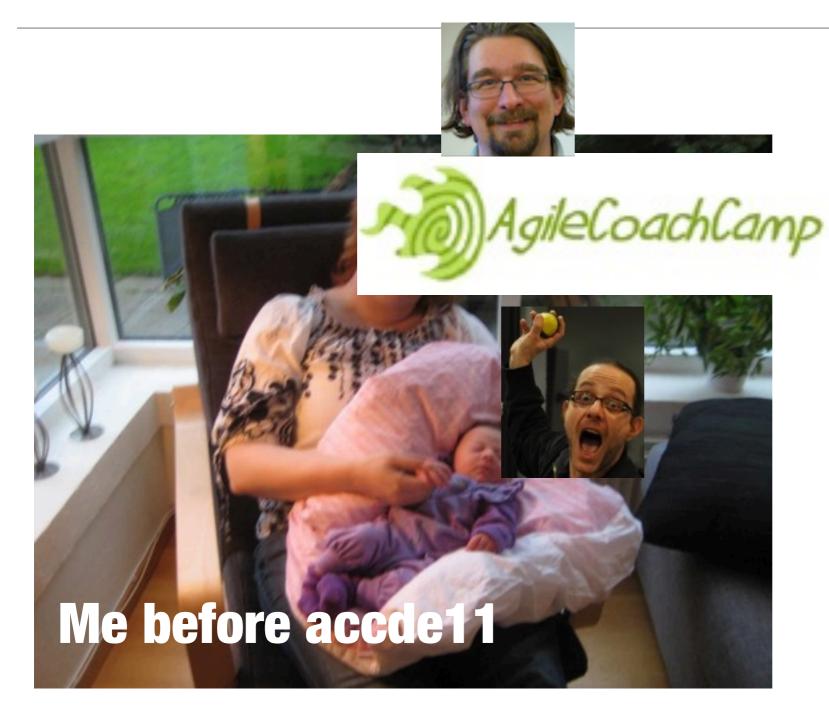


Changing





Changing



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Changing



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To be the best coach I can be, I have to be myself





Examples

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Examples

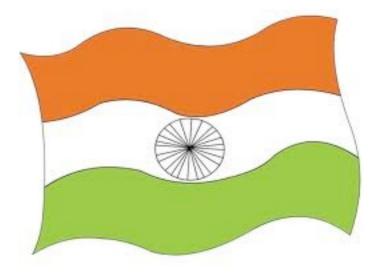
 "We need an agile coach, who is not afraid to speak her mind; even if it is not in agreement with what we think - and you definetly don't have a problem with that"



Examples

- "We need an agile coach, who is not afraid to speak her mind; even if it is not in agreement with what we think - and you definetly don't have a problem with that"
- Showing my lack of knowledge







Training my apprentice



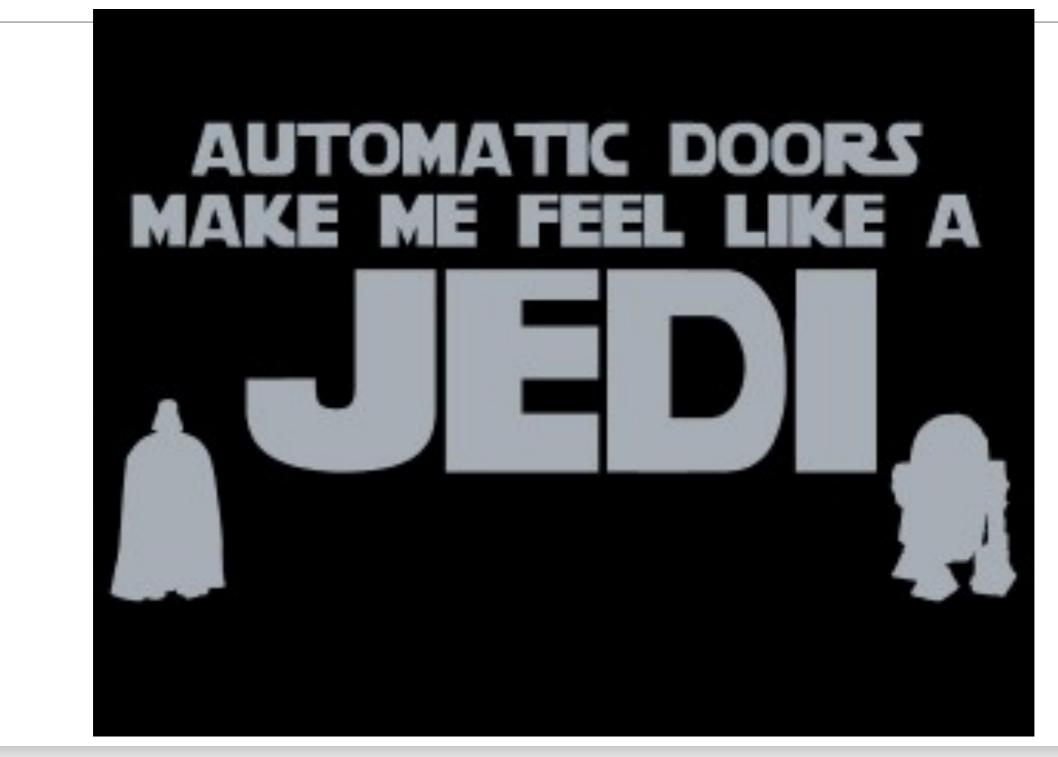


Spreading glitter and free hugs





Behold: I am a Jedi :)



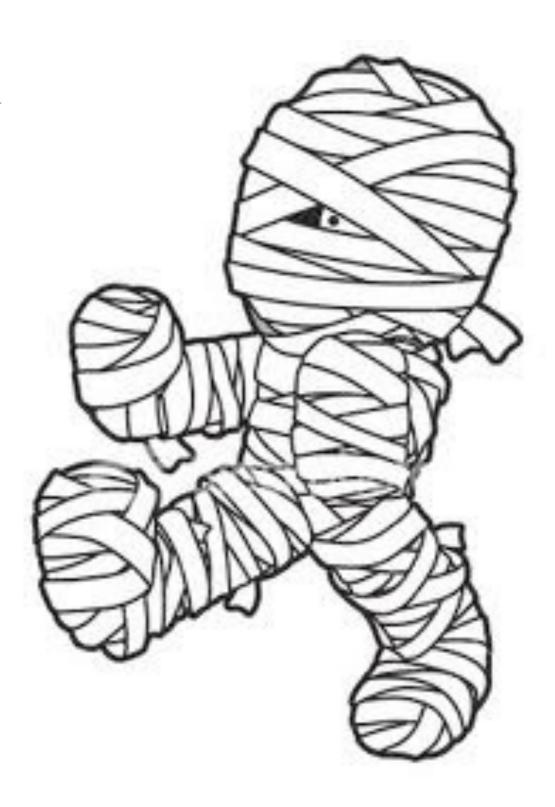
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Why is being brave important in agile?

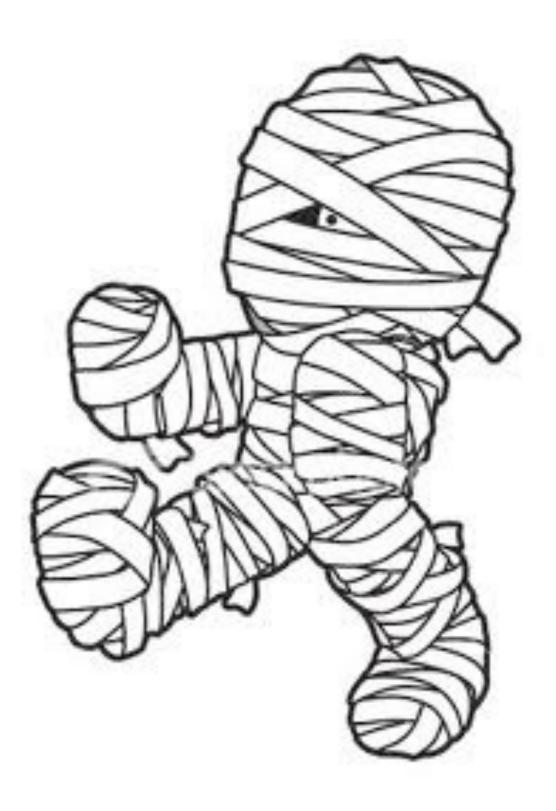
- Change is a part of every day
- We aim to fail fast
- Asking for help
- Offering help
- Talk to managers
- Conflict
- Resistance





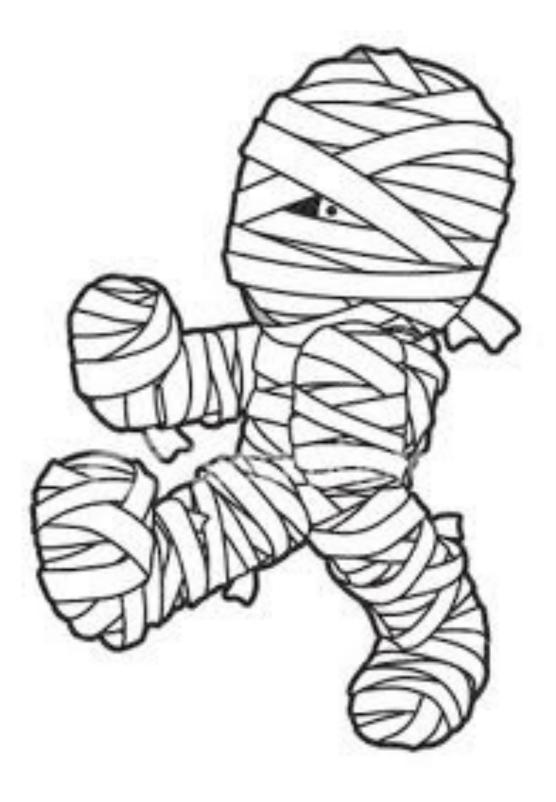


• Be yourself



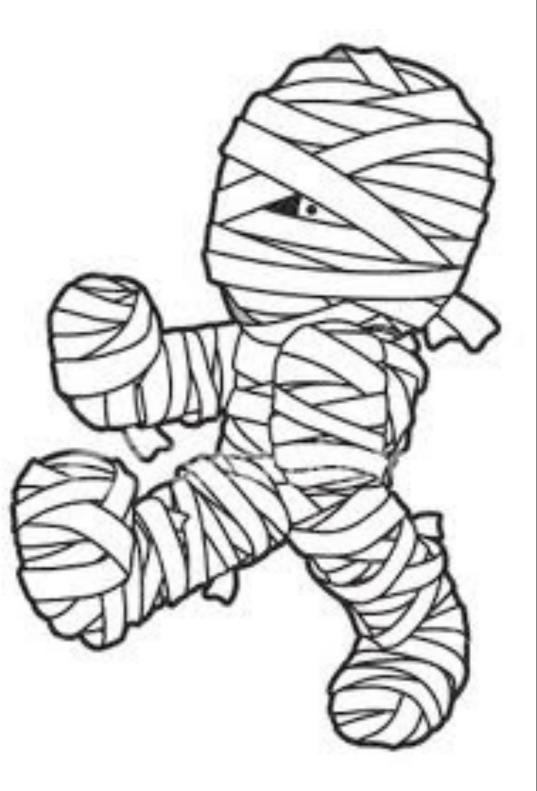


- Be yourself
- You are unique



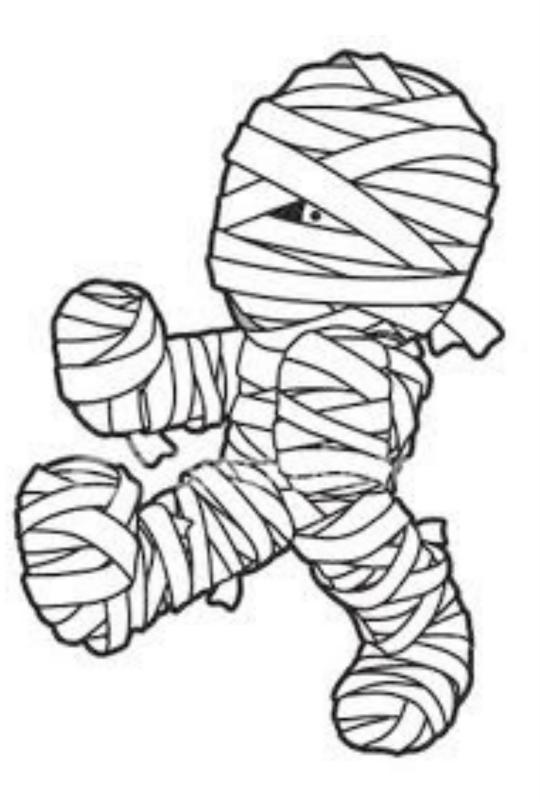


- Be yourself
- You are unique
 - find this unique combination that is you



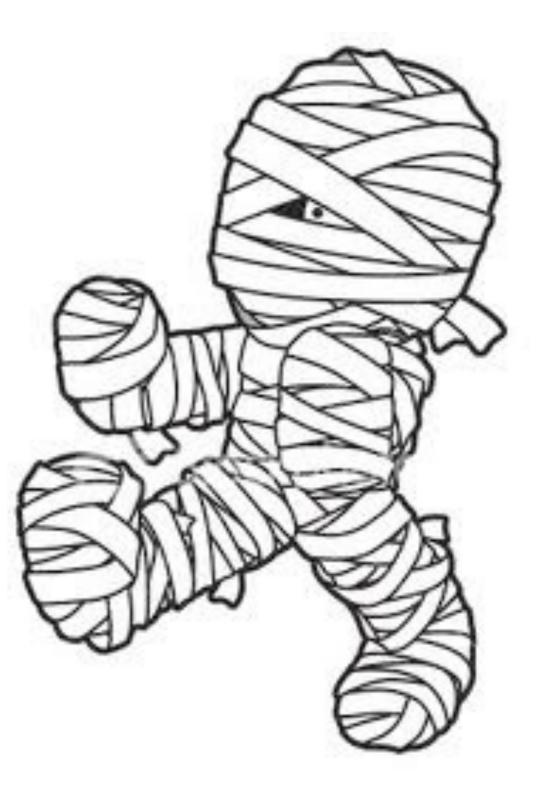


- Be yourself
- You are unique
 - find this unique combination that is you
- Have fun



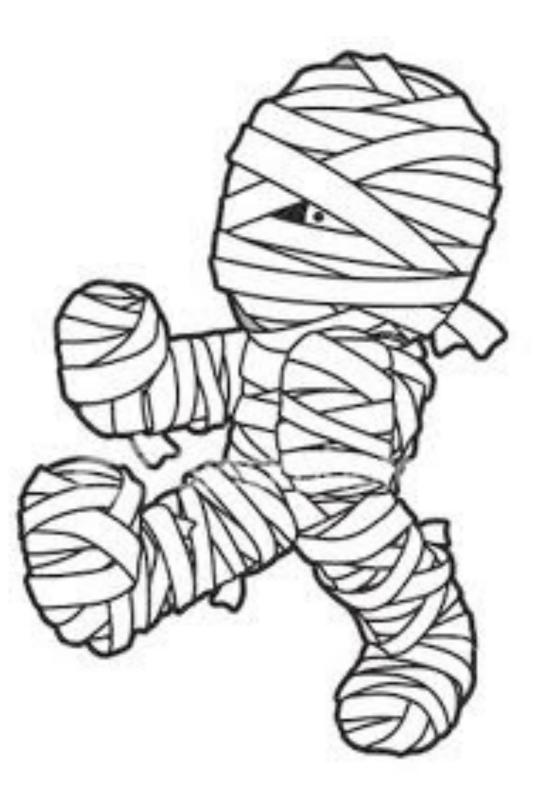


- Be yourself
- You are unique
 - find this unique combination that is you
- Have fun
- Ask for help



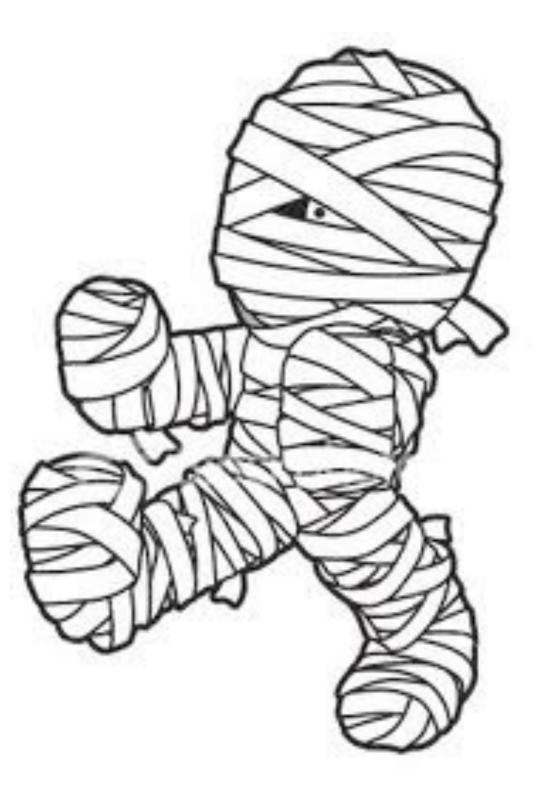


- Be yourself
- You are unique
 - find this unique combination that is you
- Have fun
- Ask for help
- Be vulnerable





- Be yourself
- You are unique
 - find this unique combination that is you
- Have fun
- Ask for help
- Be vulnerable
- Spread joy it is free





Take away

Be yourself

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I love connecting :)

Feel free to contact me:









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